

Understanding what is meant by the Immaculate Conception:

The Immaculate Conception is a Catholic dogma that states that Mary, whose conception was brought about the normal way, was conceived without original sin or its stain. That's what "immaculate" means: without stain.

It's important to understand what the doctrine of the Immaculate Conception is and what it is not. Some people mistakenly think that the term refers to Christ's conception in Mary's womb without the intervention of a human father. Others think the Immaculate Conception means Mary was conceived "by the power of the Holy Spirit," in the way Jesus was, but that, too, is incorrect.

The essence of original sin consists in the deprivation of sanctifying grace, and its stain is a corrupt nature. Mary was preserved from these defects by God's grace; from the first instant of her existence she was in the state of sanctifying grace and was free from the corrupt nature original sin brings

When discussing the Immaculate Conception, an implicit reference may be found in the angel's greeting to Mary. The angel Gabriel said, "Hail, full of grace, the Lord is with you" (Luke 1:28). The phrase "full of grace" is a translation of the Greek word *kecharitomene*. It therefore expresses a characteristic quality of Mary.

The grace given to Mary is at once permanent and of a unique kind. *Kecharitomene* is a perfect passive participle of *charitoo*, meaning "to fill or endow with grace." Since this term is in the perfect tense, it indicates that Mary was graced in the past but with continuing effects in the present. So, the grace Mary enjoyed was not a result of the angel's visit. In fact, Catholics hold, it extended over the whole of her life, from conception onward. She was in a state of sanctifying grace from the first moment of her existence.

(Taken from Catholic.Com)